



GRAND  
ELISABETH

ORGANIC ALPS SPA



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ORGANIC ALPS SPA

by **DORISSIMA**



**DORISSIMA**

Pure Essence – Holistic Luxury

## ORGANIC ALPS

In harmony with a holistic understanding of body, mind, and soul, the DORISSIMA SPA line ORGANIC ALPS not only offers high-quality care but also unfolds a profound, holistic effect through finely balanced scents, aromas, and colors.

All ingredients in DORISSIMA products are pure natural substances – nourishing oils, natural aromas, and colors. This makes DORISSIMA one of the few providers of genuine, sustainable natural cosmetics.

A meeting with Erika Pichler, founder of „Noreia Essenzen,“ introduced Doris Brugger to the world of Alpine essences. This led to the creation of some of the most beautiful and powerful color oils, including Alpine rose, sea buckthorn, arnica, mint, gentian, bellflower, and edelweiss – precious plants with extraordinary properties.

## ORGANIC ALPS

The ORGANIC ALPS spa concept is dedicated to the woman still admired today as an imperial beauty and royal rebel:

Her Majesty GRAND ELISABETH!

She lived in harmony with body, mind, and soul, and created her own beauty rituals and formulations. In the historic spa pharmacy of Bad Ischl, the original recipes of Empress Elisabeth are still produced today using traditional craftsmanship. DORISSIMA ORGANIC ALPS brings these treasures into a modern light in collaboration with the spa pharmacy and incorporates them into the overall concept.

The concept is also expanded with a collagen chocolate ritual from the Zauner company of Bad Ischl, renowned worldwide for its finest pralines.

# ORGANIC ALPS

by DORISSIMA

## Summary of applications

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### ALPENROSE d<sup>1</sup>



#### **Ingredients:**

Rose, Mandarin, Neroli, Honey

#### **Affirmation:**

*„I let go, I relax. Power, vitality, stamina, perseverance, and determination are my goal.“*

- DORISSIMA SIGNATURE RED-HOT-STONE MASSAGE with ALPENROSE d<sup>1</sup> BODY & MASSAGE OIL, focused on the first energy center
- BODY WRAP with ALPENROSE d<sup>1</sup> BEAUTY PACK
- RED HOT STONE FOOT MASSAGE
- d<sup>1</sup> HERBAL TEA GRAND ELISABETH

Treatment duration: 90 min. | 155 €

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## Summary of applications

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### ARNIKA d<sup>3</sup>



#### Ingredients:

Arnica, Frankincense, Lemon, Orange, Vanilla

#### Affirmation:

*„I let go, I relax. Self-confidence and spontaneity are my goal.“*

- DORISSIMA SIGNATURE HONEY-ALPIN-SALT-MASSAGE with ARNIKA d<sup>3</sup> BODY & MASSAGE OIL, focused on the third energy center
- BODY WRAP with ARNIKA d<sup>3</sup> BEAUTY PACK
- HAND-REFLEXOLOGY
- d<sup>3</sup> HERBAL TEA GRAND ELISABETH

Treatment duration: 90 min. | 155 €

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## Summary of applications

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### GENTIAN d<sup>5</sup>



#### **Ingredients:**

Anise, Fennel, Carrot, Orange

#### **Affirmation:**

*„I let go, I relax. Communication skills, concentration, and rational thinking are my goal.“*

- DORISSIMA SIGNATURE HERBAL-STAMPS  
BODY-MASSAGE with ENZIAN d<sup>5</sup> BODY & MASSAGE OIL,  
focused on the fifth energy center
- BODY WRAP with ENZIAN d<sup>5</sup> BEAUTY PACK
- HERBAL-STAMPS-FACIAL MASSAGE
- d<sup>5</sup> HERBAL TEA GRAND ELISABETH

Treatment duration: 90 min. | 155 €

# ORGANIC ALPS

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## Summary of applications

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### EDELWEISS d<sup>7</sup>



#### Ingredients:

Frankincense, Lemon, Myrtle, Ylang Ylang, Patchouli

#### Affirmation:

*„I let go, I relax. Mental strength, inner insight, foresight, and recognizing life's opportunities are my goal.”*

- DORISSIMA SIGNATURE ACUPRESSURE-MERIDIAN-BODY-MASSAGE with EDELWEISS d<sup>7</sup> BODY & MASSAGE OIL, focused on the seventh energy center
- BODY WRAP with EDELWEISS d<sup>7</sup> BEAUTY PACK
- ACUPRESSURE SCALP MASSAGE
- d<sup>7</sup> HERBAL TEA GRAND ELISABETH

Treatment duration: 90 min. | 155 €



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### AROMA COLOUR THERAPIE

#### Ingredients:

**Alpenrose:** Rose, Mandarin, Neroli, Honey

**Sea Buckthorn:** Ylang Ylang, Orange, Lemongrass, Coriander

**Arnica:** Arnica, Frankincense, Lemon, Orange, Vanilla

**Mint:** Vanilla, Lavender, Ginger, Grapefruit, Mint

**Gentian:** Anise, Fennel, Carrot, Orange

**Bluebell:** Angelica, Lavender, Chamomile, Rose

**Edelweiss:** Frankincense, Lemon, Myrtle, Ylang Ylang, Patchouli

*See colors, smell aromas, and feel the touch.*

*Choose the ORGANIC ALPS oil that suits you best  
and discover the energy for your day.*

- DORISSIMA SIGNATURE-BODY-MASSAGE with  
DORISSIMA BODY & MASSAGE OIL

Treatment duration: 60 min. | 115 €



# ORGANIC ALPS

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## Summary of applications

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### APHRODISIAC TREATMENTS

#### **Ingredenzien:**

Vanille, Grapefruit, Tonga, Chocolate

#### **Affirmation:**

*„Enjoy, beeing yourself“*

#### **90 Min. Body Treatment**

- DORISSIMA SIGNATURE LOMI LOMI Massage
- BODY BEAUTY PACK WRAP Chocolate
- SISIS FINEST Collagen Chocolate Facial

#### **60 Min. Face Treatment**

- DORISSIMA FACE CLEANSING/TONIC
- DORISSIMA FACE MASSAGE
- SISIS FINEST Collagen Chocolate Facial



90 min. Body Treatment | 155 €

60 min. Face Treatment | 125 €

# KUR APOTHEKE BAD ISCHL

The „Kurapotheke“ in Bad Ischl – a tradition spanning over 200 years! Formulas once created for Empress Elisabeth are still being prepared here today.

A valuable partner of DORISSIMA, with whom we bring ancient traditions back to life in the ORGANIC ALPS SPA.

To start, a selection of teas will be introduced into our treatments and pool area – teas made with hand-picked herbs, blossoms and leaves.





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ELISABETH

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HOTEL RESTAURANT BAR

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